

Date	/ /
Period	
Class	

Sec.3

Mr.

Mhmoud

Unit 6
Work-life balance
Lesson 1 Listening

SB P. 31

WB P. 29

Performance indicators:

Listening Predicting and listening for specific information

Resources:

- The white and the black board, student book and workbook.

Strategies

Discussion -Inductive -Brainstorming -Co- operative -Role playing Individual -Pair work

Feedback:

Time (.....) Minutes

Telling students to stand up and read out their reviews of the poem.

Warm-up:

Time (.....) Minutes

Asking students how many hours they spend each day on school work, and how many hours they spend relaxing.

Presentation: Vocabulary:

Time (.....) Minutes

freelance - independent - separate - competition - include - particular - separation - limit - similar - purpose - activity - take off - advantages - Business

Structures:

*It was **so windy that** we couldn't go sailing.*

*My sister is **so shy that** her face gets red quickly*

*The dress was **so long that** I shortened it a lot.*

Practice: S. B. EX.

Time (.....) Minutes

1 Check the meanings of these words in your dictionary.

- accounts* a record of the money that a person or company has received and spent
- freelance (adj)* working independently for several different companies
- organisation* an organised group of people such as a business

2 Discuss this question in pairs.

3 Listen to some freelance workers talking about their work. Do the speakers include any ideas which are similar to yours in Exercise 2? They do not work the same office hours as many people, they can be more flexible. You may also work in different places and for different people. This also means you may not always find work.

4 Listen again and complete the table. Advantages of freelance work You can choose your working hours. You can make your own timetable. You can work almost anywhere. You can choose which projects to take on. Disadvantages of freelance work You don't always get regular work. There are times when you can't work hard enough to live comfortably. It can be hard to work hard and look after a family. You sometimes get lonely working on your own. You can't always find new clients when you are a freelance.

5 Guess the meaning of the words in red a *regular* repeated, planned for the same time every day b *deadline* a date of time by which you must finish something c *take on* start doing or be responsible for d *client* someone who pays a person or organisation for work or advice e *sociable* friendly, likes to be with other people

6 Discuss this question in pairs. b doing c do d get e make/get

Consolidation: W. B. EX.

Time (.....) Minutes

1 Match these words with their meanings. 1 e 2 b 3 f 4 c 5 h 6 d 7 g 8 a

2 Complete the sentences with words from Exercise 1. b freelance c regular d deadline e take on f client g sociable h organisation

3 Choose the correct verb. b get c make d did e did f get

4 What do you think are the advantages and disadvantages of freelance work?

Home assignment: *I ask Ss to answer WB. EX. 4 at home*

Comments of supervision

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Lesson 2	Language Focus

SB P. 32

WB P. 30

Performance indicators:

Grammar so / such ... that; enough / too ... to

Resources:

- The white and the black board, student book and workbook.

Strategies

Discussion -Inductive -Brainstorming -Co- operative -Role playing Individual -Pair work

Feedback:

Time (.....) Minutes

What do you think are the advantages and disadvantages of freelance work?

Warm-up:

Time (.....) Minutes

- Reading out the first sentence, completed as the example.
- Telling the students to complete the task individually.

Presentation: Vocabulary:-

task - illness - merits - normal - balance - manager - demerits - service - allow - situations - accounts - responsible - flexible - quality - accountant - produce - contact - tips

Structures:-

It's such a great movie that I've watched it several times.

He is such a clever student that he can get high marks.

It was such hot tea that I couldn't drink it.

Practice: S. B. EX.

Time (.....) Minutes

1 Choose the correct word in these sentences from the listening text. Then listen and check your answers. b so c enough d such e too

2 Choose the correct answer. b enough c too d too difficult e such f such

3 Complete the sentences with a word from each box. b dark enough c so good d such a long

4 Now complete these sentences with a partner.

Consolidation: W. B. EX.

Time (.....) Minutes

1 Match to make sentences. d 1 c 2 e 3 a 4 f 5 b 6

2 Find and correct the mistakes in these sentences. b Nobody has been to the top of this mountain because it is **too dangerous** to climb. c This book is **so famous** that nearly everyone has read it. d I wanted to buy a new phone but it was too expensive for me **to** buy.

3 Rewrite the sentences with the word in brackets, to give the same meaning. b The boys ran too slowly to win the race. c Ola is so intelligent that she passed the exam easily. d Hamdi is such a strong man/boy that he is very good at weight-lifting. e Hana did not feel well enough to come to school.

4 Answer these questions.

Home assignment:

Ss are asked to answer WB. EX. 4 at home.

9- A) Translate into Arabic: (August, 2009)

1-Modern societies need enormous amounts of power for heating, lighting and industry.

2-Most of this power comes from coal and oil. Experts say that this type of fuel will soon be used up.

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Unit 6
Work-life balance
Lesson 3 Reading

SB P. 33

WB P. _

Performance indicators:

Reading Predicting and reading for specific information

Resources

- The white and the black board, student book and workbook.

Strategies

Discussion -Inductive -Brainstorming -Co- operative -Role playing Individual -Pair work

Feedback:

Time (.....) Minutes

- Checking the homework; asking a few students to read their answers to the class.

a Is it ever too hot to play games in the park? When?

Warm-up:

Time (.....) Minutes

Put the students in pairs to look at the pictures and discuss the question.

Presentation:

Vocabulary:

Time (.....) Minutes

organize - action - availability - improve - organisation - receive - available - gym - regular - enough - relaxing - manage

Structures:

- *The tea is too hot to drink. (Or) The tea is too hot for me to drink*

- *The bus was too fast to catch. (Or) The bus was too fast for them to catch*

Practice: S. B. EX.

Time (.....) Minutes

1 Discuss this question in pairs. It is about finding a balance between work and free time.

2 Check the meanings of these words in your dictionary.

separate to divide into two or more parts

stress a continuous feeling of worry about work or your personal life that stops you from relaxing

task a piece of work that someone has to do

3 Read about work-life balance and complete the missing paragraph titles. B Don't carry work around. C Take a break. D Ask for help.

4 Which of the words in bold from the article mean the following? b suffer from c stressful d take (days) off e limit f lack

Home assignment:

Choose the correct answer

1- An (area - era - organization - ore) a group of people with a particular purpose, such as a business.

2 - A (daycare - day dream - deadline - dead) is a date or time by which you must finish a job

3 -To take (off - up out - on) means to start being responsible for

4- A (client - clerk - customary - assistant) someone who pays a person or organisation for services or advice

5 (Gradual - Regard - Regular- Irregular) repeated, normal or usual

6 A (free time - freedom - freelance - free style) is a person working independently for several different organisations

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Unit 6
Work-life balance
Lesson 4 Critical thinking

SB P. 34

WB P. 31

Performance indicators:

Critical thinking: - Discussing how to relax

Resources:

- The white and the black board, student book and workbook.

Strategies

Discussion -Inductive -Brainstorming -Co- operative -Role playing Individual -Pair work

Feedback:

Time (.....) Minutes

- Asking the students what they can remember about the text from the previous lesson.

Warm-up:

Time (.....) Minutes

Telling the students to read the quotation. Reading out the first question and eliciting an answer from a student.

Presentation:

Time (.....) Minutes

Vocabulary:

regularly - too - terrific - optimistic - sociable - comfortable - suffer from - pessimistic - take on - such - stress - equality

Structures:

*- He isn't strong enough to carry that bag.
- It isn't light enough (for me) to read a book.*

Practice: S. B. EX.

Time (.....) Minutes

1 Read this quotation from the article about finding a balance and answer the questions. a It means only working during work time, and not at home. This is the time to relax and be with your family. b It means that work is important, but so is the family. Parents should spend time with their children when they are at home. c It means they should have time when they can relax with them and talk to them, and not just spend time doing housework or watching TV with them. d Suggested: Yes, if it is an important job, for example, if a doctor has a patient who is very ill. e Suggested: Yes, because in many families, women do most of the housework and men bring in the most money. So women might find it harder to spend long hours at work if they have a family to look after. f Suggested: No, if both parents work, they should both spend the same quality time with their children.

2 Answer the following questions. b It means that people can have more flexible working hours or work from home. c It means that companies can contact them at any time, even when they are at home relaxing. d It can lead to lack of sleep and feeling exhausted at work, or becoming ill and missing work. e It says that athletes need to take breaks, and so should people who work. f Because it is a manager's job to help people with their problems.

3 Discuss these questions in pairs.

4 Focus on words with related Meanings 1 a *feel* to experience a sensation *suffer* to experience pain, difficulty or loss b *training* to be given teaching or practice in a profession or skill *exercise* to do physical exercises in order to be healthy c *available for work* free (to work) *at work* doing some work *d remind* to make someone remember something *tell* to express something in words 2 b suffer c Remind d exercise

Consolidation: W. B. EX.

Time (.....) Minutes

1 Complete these sentences using the first and last letters of the missing words. b stressful c balance d suffers e task f lack g limit

2 Choose the correct words. b training c at d remind e suffers

3 Complete these sentences with the correct prepositions. b of c for d from e off

4 The phrasal verb *take off* has more than one meaning. Match the examples a-d below with their definitions 1-4. Check in your dictionary. 1 b 2 a 3 d 4 c

Home assignment: Write a small paragraph about "How can we help to protect and improve the environment"

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Unit 6
Work-life balance
Lesson 5 Communication

SB P. 35

WB P. 32

Performance indicators:

Functions Asking for and giving reasons

Writing a text about a famous woman

Resources:

- The white and the black board, student book and workbook.

Strategies

Discussion -Inductive -Brainstorming -Co- operative -Role playing Individual -Pair work

Feedback:

Time (.....) Minutes

- ("How can we help to protect and improve the environment")

Warm-up:

Time (.....) Minutes

Telling the students they are going to hear two girls talking about a person they admire.

Presentation:

Vocabulary: Time (.....) Minutes

client - soup - stressful - vote - deadline - amazing - lead to - Well-known - exactly - express - lack - nationality - a company - result - exhausted - occupation

Structures:

I can't take off any time this week. = not go to work for a period of time

It was hot so I took off my jacket. = removing something

The plane took off at half past four. = left the ground

Her sports career took off after she won the competition. = became successful

We packed everything in the car and took off = to leave somewhere quickly and

Practice: S. B. EX.

Time (.....) Minutes

1 Listen to this conversation, answer the question and do the following. a A primary school teacher, an aunt b Asking for reasons Why ... ? Is that why? **Giving reasons** For two reasons. That's one of the reasons. Mainly because ...

2 Plan a talk about a woman you respect.

3 Work in small groups.

4 Research the following about a famous woman.

Consolidation: W. B. EX.

Time (.....) Minutes

1 Complete with the correct word. a because b tell/start c reasons/secondly d reason

2 Take notes about a famous woman.

3 Write your text in 100–125 words.

Home assignment:

Choose the correct answer:

- I spend (so –such) much money that I can't save any.
- Jimmy and Ken are (so –such) alike that I can't tell one from another.
- Shames is (so –such) a nice dog that he never barks.
- Those are (so –such) great pictures that I never want to throw them away.
- I am (so –such) bored that I just want to sleep.
- Our neighbors are (so –such) kind that they let us borrow their lawn mower.
- My back aches (so –such) badly that I can't lift anything anymore.

Comments of supervision

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